

Rules Book

Jeet Kune-Do



★ Asso. of all India Jeet Kune-Do Foundation(Regd.) ★

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RULES & REGULATION

1. The competition will be conducted as per the rules and regulations of AAIJF.
2. Student age proof is necessary. Age proof duly attested by the head of the Institution.
3. The competitor must be above 10 years of the age for S.G.F.I. tournament only. Age will be count till the date of tournament. If the students cross the age before the tournament so he/she will play in the upper age category.
4. Only one player from each category will be participating from each state.
5. No jump for the weight is allowed. Those who fail the weighing shall be disqualified.
6. One child can participate only in one age category but the child with a lower age category can participate for a higher category .
7. Weighing shall be conducted one or two day prior of the competition.
8. The organizing committee has reserved the right to accept or reject the entry form in unavoidable circumstance and also has the right to change the date of tournament.
9. The organizing committee will not be responsible for any cause of injury during the contest.
10. The organizing committee will host forms (kata) competition.
11. The size of the arena will be 10 x 10 metres and fighting arena will be 8 x 8 metres.
12. All bouts will start by cross hands (JKD Style).
13. JKD approved dress is necessary by the technical rules of AAIJF.
14. Tournament may be organized on knock-out system.
15. All competitors must have their all safety guards like Chest Guard, Head Guard, Groin Guard / Shin Guard and Arm Guard etc.
16. Time duration of the contest will be 2 rounds for 2 minute up to quarter final, 2 rounds for 2 minute up to semi final and 3 rounds for 2 minutes for final and 1 minute rest will be given in every round. In case a Tai score of second round is not decided so the Chief Jury will make his own decision.
17. Each competition arena should have one Chief Jury, one Center Referee, four corner Judges, one Announcer and one Time Keeper.
18. No protest will be entertained against the judgment of officials.
19. All the team manager / coaches and participants must bring their identity card with photograph duly attested by head of the institution valid for current event.
20. All participating institutions must bring their flag for the opening ceremony.
21. Only affiliated states have the right to participate in the JKD National Championship.
22. All selected students must complete their registration form by AAIJF before participation in the JKD National Championship.
23. 1st , IInd and IIIrd Team Championship for U-14 / U-17/U-19 for Boys & Girls.
24. The medals shall be distributed as Gold /Silver and first Bronze & second Bronze.
25. The certificate shall be distributed on their participation status.
26. Over All Team Championship 1st IInd and IIIrd trophy will be given to winner states.
27. The team championship will be declared on the point basis i.e. Gold-5, Silver-3 and Bronze-1.

RULES & REGULATIONS FOR FORMS (Kata) COMPETITION

1. Only one player will be participating in the individual category.
2. Each team must have only 5 students in the forms event in each category.
3. If the score is equal in the forms competition so the officials can make another round.
4. Medals will be given by points system like

Grade / Points
A - 5

Grade / Points
B - 3

Grade / Points
C - 1

5. The team championship for Boys & Girls like :

U-14 -1st IInd and IIIrd Place

U-17 -1st IInd and IIIrd Place

U-19 -1st IInd and IIIrd Place

JKD POINTS SYSTEM

REWARDING POINTS:

- | | | |
|----------------------------|---|----------|
| 1. Clear Kick on Face | : | 2 points |
| 2. Clear Kick on Chest | : | 1 point |
| 3. Round Sweep Kick | : | 2 points |
| 4. Any Flying Kick on Face | : | 3 points |
| 5. Powerful punch on chest | : | 1 point |

Note: If the competitor will take three face kick so he/ she will be declare winner.

NEGATIVE POINTS:-

- | | | |
|----------------------|---|------------|
| 1. Direct Face Punch | : | Disqualify |
| 2. Elbow Strike | : | -1 |
| 3. Pushing & Holding | : | -1 |
| 4. Below Belt Kick | : | -1 |
| 5. Any Kick on Back | : | No Point |

Note: If the competitor will take three negative points so he/ she will be declared disqualified.

AAIJF WEIGHT CATEGORY

FOR S.G.F.I

UNDER 14 YEARS	UNDER 17 YEARS	UNDER 19 YEARS
+Up to 22 kg.	+Up to 35 kg.	+Up to 45 kg.
+22 to 24 kg.	+35 to 37 kg.	+45 to 47 kg.
+24 to 26 kg.	+37 to 39 kg.	+47 to 49 kg.
+26 to 28 kg.	+39 to 41 kg.	+49 to 51 kg.
+28 to 30 kg.	+41 to 43 kg.	+51 to 53 kg.
+30 to 32 kg.	+43 to 45 kg.	+53 to 55 kg.
+32 to 34 kg.	+45 to 47 kg.	+55 to 57 kg.
+34 to 36 kg.	+47 to 49 kg.	+57 to 59 kg.
+36 to 38 kg.	+49 to 51 kg.	+59 to 61 kg.
38 and Above	51 and Above	61 and Above

(Score Sheet)

ASSO. OF ALL INDIA JEET KUNE-DO FOUNDATION (REGD.)

RED

POINT

POINT

BLACK

Deduction	Kick	Punch	Round	kick	Punch	Deduction
	1- J	7- →	1st	1- J	7- →	
	1- J	7- →	2nd	1- J	7- →	
			Total			

Disqualification	Injury	K.O.	Retirement	On Point	Superiority	R S C	Out Class
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F.No.....

Arena No.....

Judge Signature

(Tai Sheet)

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WEIGHT GROUP.....MINI SUB JR. / SUB JR. / JR. / SR.

(BOYS - GIRLS)



FINAL

GOLD

SILVER

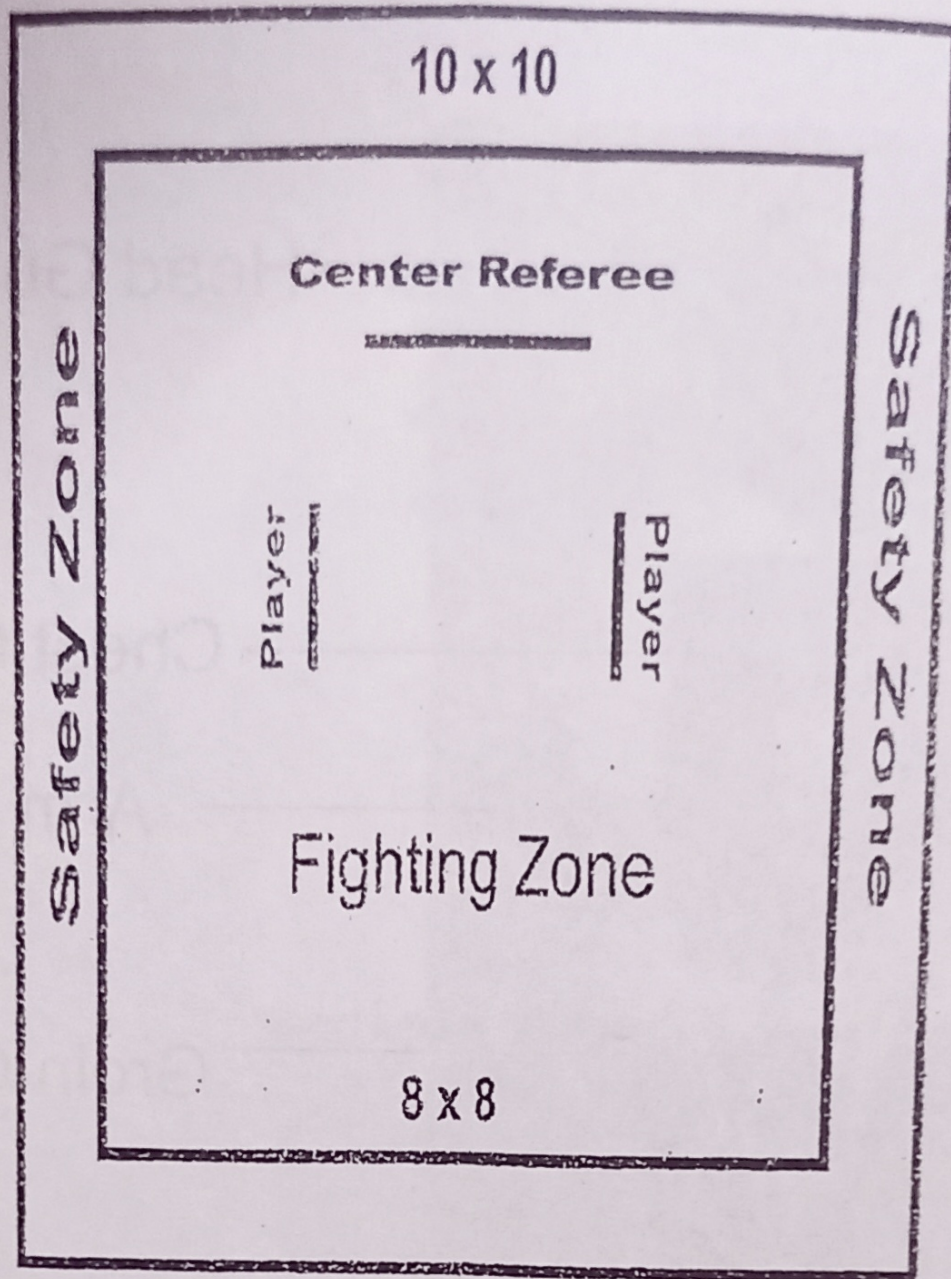
1st BRONZE

2nd BRONZE

JEET KUNE-DO FIGHTING ARENA

Corner Judge

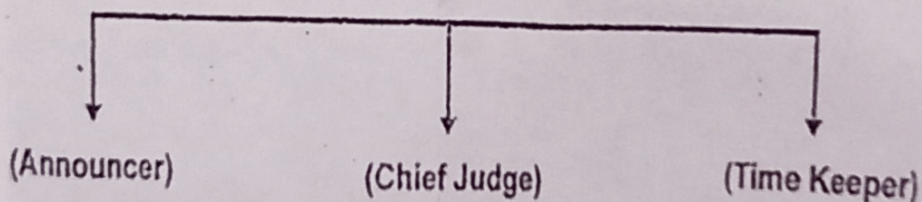
Corner Judge



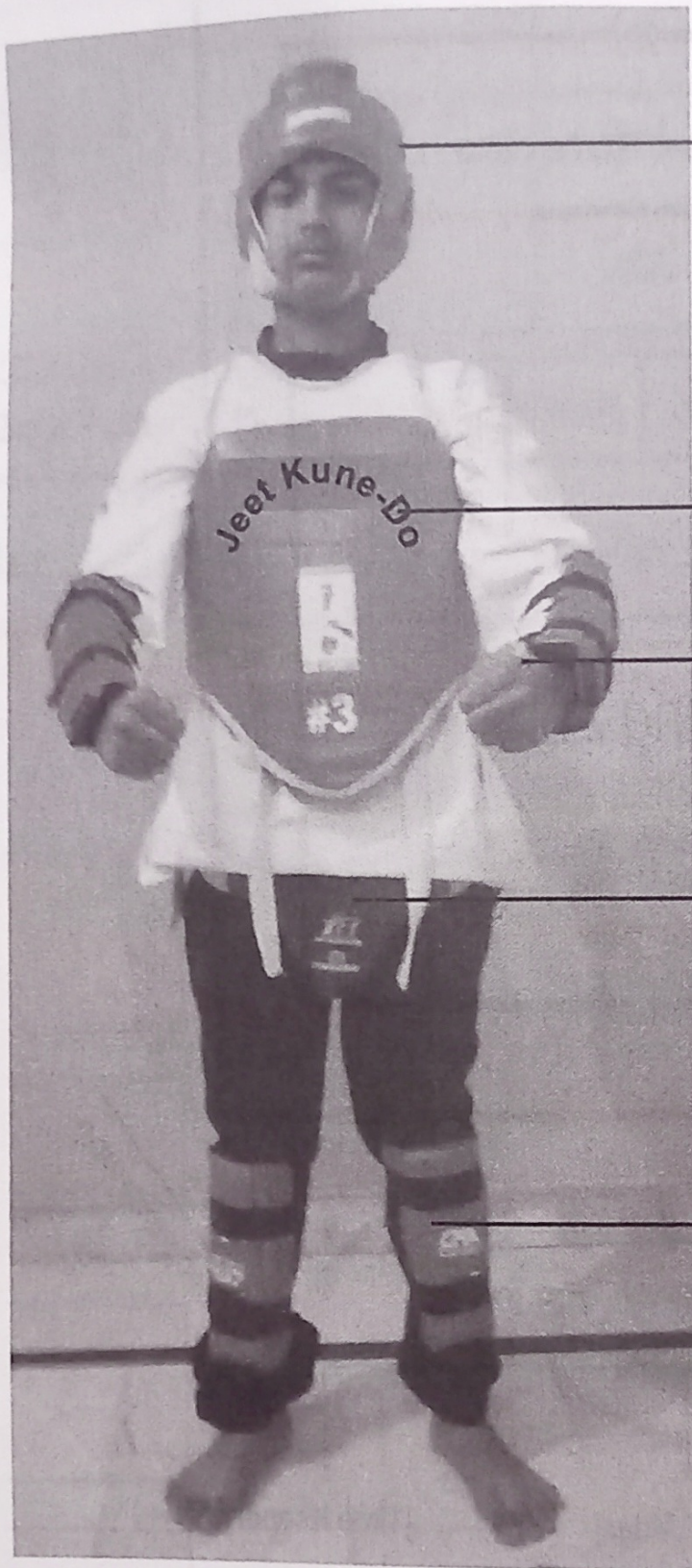
Corner Judge

Corner Judge

Main Jury Table



JEET KUNE-DO SAFETY GUARDS



Head Guard

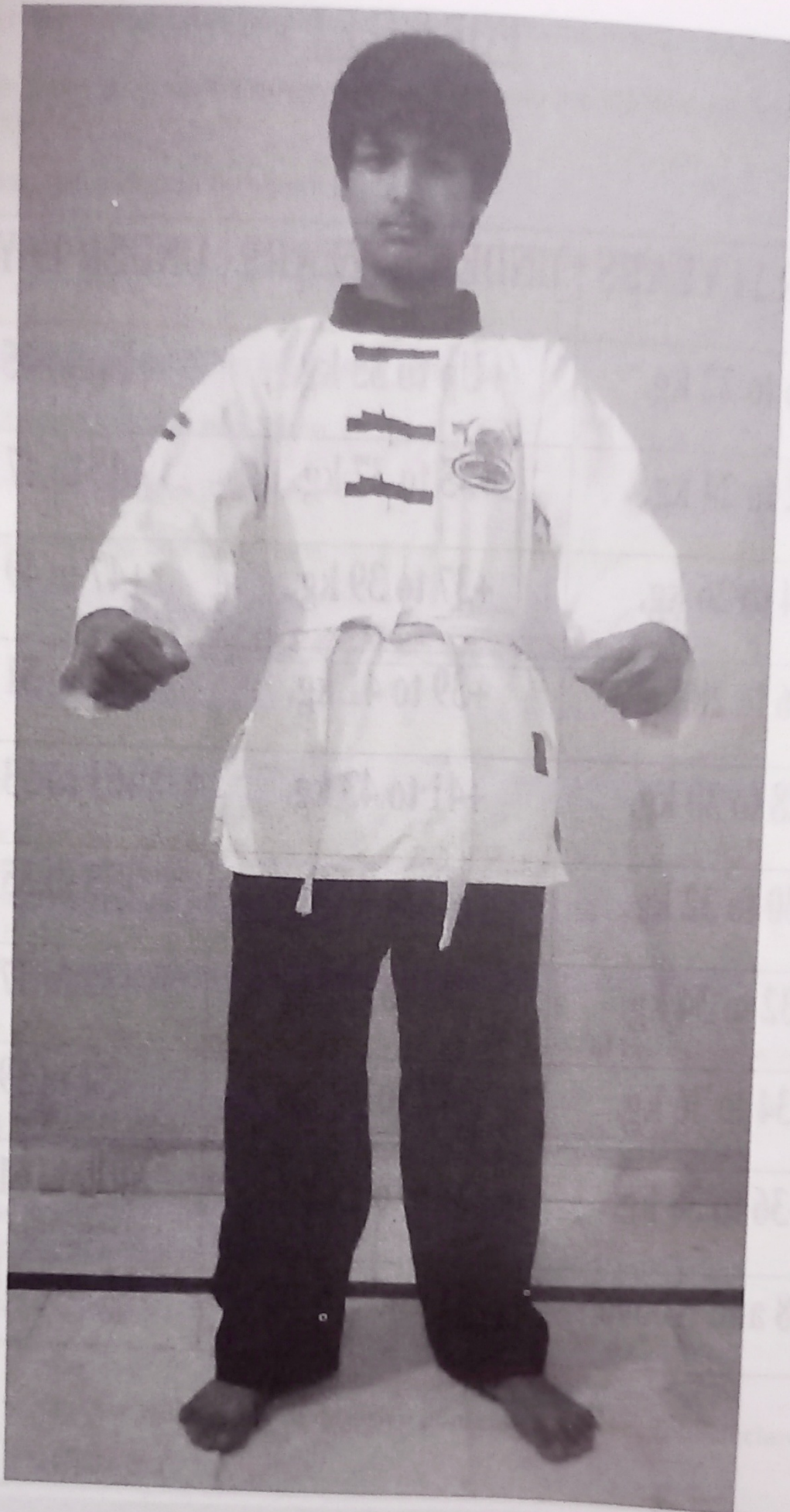
Chest Guard

Arm Guard

Groin Guard

Shin Guard

JEET KUNE-DO UNIFORM



REQUIREMENTS FOR JKD TOURNAMENT

1. Mats for Fighting Arena (3 Arenas will be working) depend on total number of participants.
2. 4 pair Chest / Head / Arm / Shin and Groin Guards in each arena.
3. Weighing Machine
4. Stop Watch
5. Taisheet
6. Score Sheet
7. Wisel
8. Stationery

